

Prof.G.Ram Reddy Center for Distance Education					
Osmania University, Hyderabad, Telangana State					
Certificate Course in Yoga - 2024-25 Batch-3					
Weekend cum Contact Classes Contact Classes -Time Table					
S. No	Date	Day	9:00am to 11:00am	11:15am to 1:15pm	2:00pm to 4:00pm
1	18th May 2025	Sunday	Students Reporting at CDE - Introduction	Inauguration of Contact Classes	Class 1: Induction and Theory Paper-I: ItY:Unit-I & Lesson-1 Prof R.K.M
2	25th May 2025	Sunday	Class 2: Yoga Practicum Practicum Paper V- S & FY Unit-I & Lesson-1: Dr.MK	Class 3: Theory Paper I - ItY: Unit-I & Lesson 2: Dr.MR	Class 4: Theory Paper I - ItY: Unit-IV & Lesson-1 & 2 Sri P.P
3	1st Jun 2025	Sunday	Class 5 - Yoga Practicum Paper V- S & FY Unit-I & Lesson-2: Dr.MK	Class 6: Theory Paper I - ItY: Unit-II Lesson-1 & Lesson-2 Dr.MR	Class 7: Theory Paper-II -ToY Induction and Unit-I & Lesson 1 Dr. RP
4	8th Jun 2025	Sunday	Class 8 - Yoga Practicum Paper V- S & FY Unit-I & Lesson-2: Dr.MK	Class 9 Theory Paper I - ItY: Unit-III & Lesson-1 & 2 Sri EB	Class 10: Theory Paper-II -ToY Unit-I & Lesson-2: Dr. RP
5	15th Jun 2025	Sunday	Class 11 - Yoga Practicum Paper V- S & FY Unit-I & Lesson-2: Dr.MK	Class 12: Theory Paper-III ClIY Unit-I & Lesson -1 Dr.MR	Class 13 Theory Paper-II -ToY Unit-II & Lesson-1 & 2: Sri PP
21st Jun 2025, Saturday, Celebrations of 11th International Yoga Day at Department of Education Time: Morning 7:00 am to 9:00 am					
6	22nd Jun 2025	Sunday	Class 14 - Yoga Practicum Paper-IV CHYS & YD Unit-I Lesson -1 & Lesson -2: Sri.EB	Class 15 Theory Paper-III ClIY Unit-I & Lesson -2: Dr.MR	Class 16 Theory Paper-II -ToY Unit-III & Lesson-1: Dr.JL
7	29th Jun 2025	Sunday	Class 17 Yoga Practicum Paper-IV-CHYS & YD Unit-II & Lesson -1 : Sri.EB	Class 18 Practicum Paper-IV-CHYS & YD Unit-IV& Lesson -1: Sri. BG	Class 19 Theory Paper-II -ToY Unit-III & Lesson-2: Dr.JL
8	6th July 2025	Sunday	Class 20 - Yoga Practicum Paper-IV-CHYS & YD Unit-II & Lesson -2: Sri BK	Class 21 Practicum Paper-IV-CHYS & YD Unit-IV& Lesson-2: Mr.BG	Class 22 Theory Paper-III ClIY Unit-II & Lesson -1 & 2: Dr.MR
9	13th July 2025	Sunday	Class 23 - Yoga Practicum Paper-IV-CHYS & YD Unit-II & Lesson -1& 2: Sri BK	Class 24 Practicum Paper-IV-CHYS & YD Unit-IV& Lesson-2: Sri. BG	Class 25 Theory Paper-III ClIY Unit-III & Lesson -1: Dr. RP
10	20th July 2025	Sunday	Class 26 Practicum Paper V- S & FY Unit-II & Lesson-1: Sri BK	Class 27 Practicum Paper-IV-CHYS & YD Unit-III & Lesson -1: Dr.MK	Class 28: Theory Paper-III ClIY Unit-III & Lesson-2: Dr. RP
11	27th July 2025	Sunday	Class 29 Practicum Paper V- S & FY Unit-II & Lesson-2: Sri. BK	Class 30 Practicum Paper-IV-CHYS & YD Unit-III & Lesson -2: Dr.MK	Class 31 Theory Paper-II -ToY Unit-IV & Lesson-1: Dr. AJ
12	3rd August 2025	Sunday	Class 32 Practicum Paper V- S & FY Unit-III & Lesson-1: Sri.TV	Class 33 Practicum Paper V- S & FY Unit-IV & Lesson-1: Sri. PP	Class 34 Theory Paper-II -ToY Unit-IV & Lesson-2: Dr. AJ
13	10th August 2025	Sunday	Class 35 Practicum Paper V- S & FY Unit-III & Lesson-2: Sri.BK	Class 36 Practicum Paper V- S & FY Unit-IV & Lesson-2: PP	Class 37 Theory Paper-III ClIY Unit-IV & Lesson-1 Sri.TV
14	17th August 2025	Sunday	Class 38 Practicum Paper V- S & FY Unit-III & Lesson-1&2: Sri.BK	Class 39 Practicum Paper V- S & FY Unit-IV & Lesson-1 & 2: Dr.MK	Class 40 Theory Paper-III ClIY Unit-IV & Lesson-2: Sri. TV
15	24th August 2025	Sunday	Valedictory Session Time: 10:00 am to 1:00 pm & Final Theory and Practical Examinations September 2025		
Theory Paper CCY 001: Introduction to Yoga (ItY)- Prof Ravindranath K. Murthy (Prof R.K.M) , Dr.Medipally Raju (Dr.MR), E.Balakrishna (Sri EB) & Padala Prathibha (Sri PP)					
Theory Paper CCY 002: Traditions of Yoga (ToA) - Dr. J. Lalitha (Dr.JL), Padala Prathibha (Sri.PP), Dr. Rosina Prusty (Dr.RP) & Dr. Arun Jyothi (Dr.AJ)					
Theory Paper CCY 003: Contemporary Issues in Yoga (ClIY) - Dr.Medipally Raju (Dr.MR), Dr. Rosina-Prusty (Dr.RP), & Tuljapur Vinod (Sri.TV)					
Practicum Paper CCY 004: Classical Hatha Yoga sadhana and Yogic Diet (CHSaYD) - E.Balakrishna (Sri.EB), Batthini Kishan (Sri.BK), Dr.M.Kishor (Dr.MK) & Bala Gopal (Sri.BP)					
Practicum Paper CCY 005: Structural and Functional Yoga (SaFY) - Dr.M.Kishor (Dr.MK), Batthini Kishan (Sri.BK), & Tuljapur Vinod (Sri.TV).					

DIRECTOR